

## Allergy Management Policy

### AIM

At Knowle Nursery our aim is to provide a safe, inclusive and nurturing environment for all children, including those with allergies. We are committed to promoting each child's health and wellbeing by ensuring that allergies are carefully managed through effective communication, ongoing staff training and robust safety procedures. We aim to prevent allergic reactions by identifying and minimising exposures to allergens, work in close partnership with parents, carers and health professional to meet individual child's needs. All staff are supported to be confident in recognising and responding to allergic reactions promptly and appropriately. We will ensure all children with allergies can safely and fully participate in every aspect of nursery life through effective planning and inclusive practice.

Parents/carers must declare all known allergies on their child's registration form and provide supporting medical documentation where relevant.

Individual Health Care Plans (IHPs) are created for each child with a diagnosed allergy, outlining allergens, symptoms, medications and emergency procedure. IHPs are reviewed regularly with parents and updated as needed.

All staff are First Aid trained and receive annual training on allergy awareness and anaphylaxis response.

Staff are informed of each child's allergies and are familiar with their IHP.

Details and photographs of each child with an allergy or dietary requirement are displayed clearly in each room and the kitchen to promote staff awareness and ensure effective implementation of allergy management procedures.

Knowle Nursery always operates a strict NO NUT policy and will implement additional restrictions where any other allergen presents a specific risk to a child.

Parents and carers provide children's snack and packed lunch. They are regularly reminded of any allergies within the setting. They are asked to ensure that all food sent in from home is free from known allergens that could pose risk to other children.

Snack and packed lunches are checked for potential allergens that may affect others.

Children are not permitted to share food or utensils.

Mealtimes are fully supervised by staff who are aware of any dietary restrictions.

Children and staff wash hands before and after snack and lunch time.

Materials and ingredients used in play activities are checked for allergens and risk assessments carried out.

All medication, including emergency allergy medication must be signed in by parents or carers using our nursery medication form. This ensures clear documentation of dosage, expiry date and parental consent.

Emergency medication (e.g. Epi Pens, antihistamines) is stored safely in the child's classroom, where it can be accessed immediately by staff if needed.